

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

<p>9:15 - The Daily Chronicle 1 10:00 - Morning Chair Exercise 10:30 - Sunday Morning Mass 1:00 - Sunroom: Pondering Prompts 2:00 - Balloon Volley 2:30 - Finish the Phrase 3:30 - Refreshments & Sitcom Sunday "I Love Lucy"</p>	<p>9:15 - The Daily Chronicle 2 10:00 - 7 Historical Black Figures: Facts & Discussion 10:30 - Tabletop Bowling 1:00 - Sunroom: EZ Does It Trivia 2:00 - Piece By Piece Puzzles 2:30 - Parachute Fun! 3:30 - Movie "Groundhog Day" 5:30 - Night Owl Program</p> <p>Groundhog Day</p>	<p>9:15 - The Daily Chronicle 3 10:00 - Noodle Tennis 10:30 - Train Your Brain Trivia 1:00 - Sunroom: Give Me Five Word Game 2:00 - Target Throw 2:30 - Karaoke Fun with Hot Cocoa Cart 3:30 - Movie "Casablanca" 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 4 10:00 - Have You Ever? 10:30 - Floor Basketball 1:00 - Sunroom: Finish the Song Lyric 2:00 - Arts & Crafts "Cookie Cutter Painting" 3:00 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 5 10:00 - Tabletop Bowling 10:30 - White Board Word Game "LOVE" 1:00 - Sunroom: Pondering Prompts 2:00 - Balloon Volley 2:30 - Nail Salon 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 6 10:00 - Finish the Phrase 10:30 - Morning Chair Exercise 1:00 - Sunroom: Piece by Piece Puzzles 2:00 - Parachute Fun 2:30 - Train Your Brain Trivia 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 7 10:00 - Floor Basketball 10:30 - Have You Ever? 1:00 - Sunroom: EZ Does It Trivia 2:00 - Coloring Pages with Aromatherapy 2:30 - BINGO 3:30 - Refreshments & Movie Night "How To Lose a Guy in Ten Days"</p>
<p>9:15 - The Daily Chronicle 8 10:00 - Noodle Tennis 10:30 - Sunday Morning Mass 1:00 - Sunroom: Finish the Song Lyric 2:00 - Piece by Piece Puzzles 2:30 - Sing Along with Suzie Q 3:30 - Refreshments & Sitcom Sunday "The Carol Burnett Show"</p>	<p>9:15 - The Daily Chronicle 9 10:00 - 7 Historical Black Figures: Facts & Discussion 10:30 - Floor Basketball 1:00 - Sunroom: Piece by Piece Puzzles 2:00 - Train Your Brain Trivia 2:30 - Parachute Fun 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 10 10:00 - Morning Chair Exercise 10:30 - Floor Basketball 1:00 - Sunroom: Pondering Prompts 2:00 - Aromatherapy 2:30 - Karaoke Fun with Amber "Love Songs" 3:30 - Cheesecake Social 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 11 10:00 - Target Throw 10:30 - White Board Word Game "PINK" 1:00 - Sunroom: EZ Does It Trivia 2:00 - Arts & Crafts "Coloring Valentine's Day Cards" 2:30 - Balloon Volley 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 12 10:00 - Finish the Phrase 10:30 - Noodle Tennis 1:00 - Sunroom: Give Me Five Word Game 2:00 - Sing Along With Suzie Q 2:30 - Nail Salon 3:30 - Refreshments & Relaxing Jazz Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 13 10:00 - Floor Basketball 10:30 - Train Your Brain Trivia 1:00 - Sunroom: Finish the Song Lyric 2:00 - Coloring Pages 2:30 - Will You Be My Valentine Social 3:30 - Movie Night "Romance" 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 14 10:00 - Morning Chair Exercise 10:30 - Have You Ever? 1:00 - Sunroom: Discussion "Favorite Valentines Day Moments" 2:00 - Parachute Fun 2:30 - Name 5 Word Game 3:30 - Refreshments & Music</p> <p>Valentine's Day</p>
<p>9:15 - The Daily Chronicle 15 10:00 - Morning Chair Exercise 10:30 - Sunday Morning Mass 1:00 - Sunroom: Pondering Prompts 2:00 - Balloon Volley 2:30 - Train Your Brain Trivia 3:30 - Refreshments & Sitcom Sunday "The Andy Griffith Show"</p>	<p>9:15 - The Daily Chronicle 16 10:00 - 7 Historical Black Figures: Facts & Discussion 10:30 - Tabletop Bowling 1:00 - Sunroom: EZ Does It Trivia 2:00 - Aromatherapy & Puzzles 2:30 - Noodle Tennis 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 17 10:00 - Target Throw 10:30 - Finish the Phrase 1:00 - Sunroom: Give Me Five Word Game 2:00 - Sing Along With Suzie Q 2:30 - Parachute Fun 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 18 10:00 - Train Your Brain Trivia 10:30 - Floor Basketball 1:00 - Sunroom: Finish the Song Lyric 2:00 - Coloring Pages 2:30 - Wine & Dine Wednesday 3:30 - Movie Night 5:30 - Night Owl Program</p> <p>National Drink Wine Day</p>	<p>9:15 - The Daily Chronicle 19 10:00 - Morning Chair Exercise 10:30 - Give me Five Word Game 1:00 - Sunroom: Pondering Prompts 2:00 - Tabletop Bowling 2:30 - Nail Salon 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 20 10:00 - White Board Word Game 10:30 - Target Throw 1:00 - Sunroom: EZ Does It Trivia 2:00 - Coloring Pages 2:30 - Coffee & Blueberry Muffins 3:30 - Sing Along with Suzie Q 5:30 - Night Owl Program</p> <p>National Muffin Day</p>	<p>9:15 - The Daily Chronicle 21 10:00 - Noodle Tennis 10:30 - Finish the Phrase 1:00 - Sunroom: Piece by Piece Puzzles 2:00 - Pondering Prompts 2:30 - Balloon Toss 3:30 - Refreshments & Movie Night "The Proposal"</p>
<p>9:15 - The Daily Chronicle 22 10:00 - Tabletop Bowling 10:30 - Sunday Morning Mass 1:00 - Sunroom: EZ Does It Trivia 2:00 - Discussion: "What's Something That Makes You Feel Comforted?" 2:30 - Parachute Fun 3:30 - Refreshments & Music</p>	<p>9:15 - The Daily Chronicle 23 10:00 - 7 Historical Black Figures: Facts & Discussion 10:30 - Morning Chair Exercise 1:00 - Sunroom: Finish the Song Lyric 2:00 - Balloon Toss 2:30 - Ice Cream Sundae Social! 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 24 10:00 - Floor Basketball 10:30 - This or That? 1:00 - Sunroom: Pondering Prompts 2:00 - White Board Word Game "HEART" 2:30 - Target Throw 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 25 10:00 - Name Five Word Game 10:30 - Morning Chair Exercise 1:00 - Sunroom: EZ Does It Trivia 2:00 - Arts & Crafts "Paper Heart Wreaths" 2:30 - Noodle Tennis 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 26 10:00 - Tabletop Bowling 10:30 - Finish the Phrase! 1:00 - Sunroom: Piece by Piece Puzzles 2:00 - Balloon Volley 2:30 - Nail Salon & Disco Music 3:30 - Hot Cocoa Cart Social 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 27 10:00 - Train Your Brain Trivia 10:30 - Target Throw 1:00 - Sunroom: Give Me Five Word Game 2:00 - Aromatherapy & Meditation 2:30 - Parachute Fun 3:30 - Refreshments & Music 5:30 - Night Owl Program</p>	<p>9:15 - The Daily Chronicle 28 10:00 - Morning Chair Exercise 10:30 - Discussion "Favorite Meals & Recipes" 1:00 - Sunroom: Pondering Prompts 2:00 - Piece by Piece Puzzles 2:30 - Tabletop Ball Toss 3:30 - Refreshments & Music</p>